

Grief & Gratitude Events

The Journey from Grief to Gratitude: Embracing Life After Loss

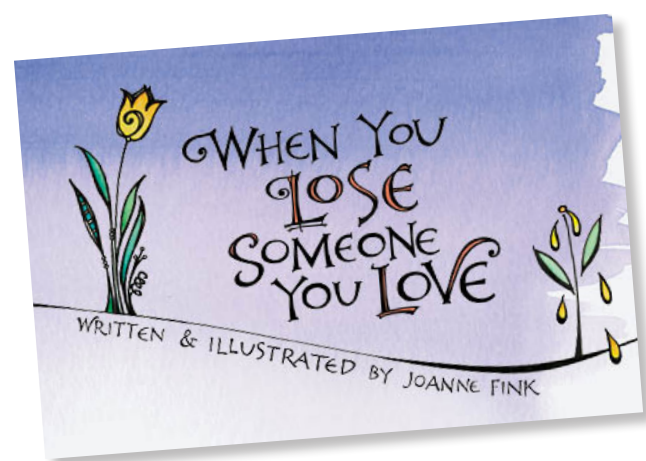
Thursday, June 22 at 7 pm



Join bestselling artist/author Joanne Fink for a special presentation on dealing with one of life's most challenging times.

Joanne's new book, *When You Lose Someone You Love*, is filled with excerpts from the grief journal she kept after her husband died unexpectedly in 2011. Her goal is to help others as they navigate their own grief journeys.

Guests will receive a complimentary copy and Joanne will be signing books after the event.



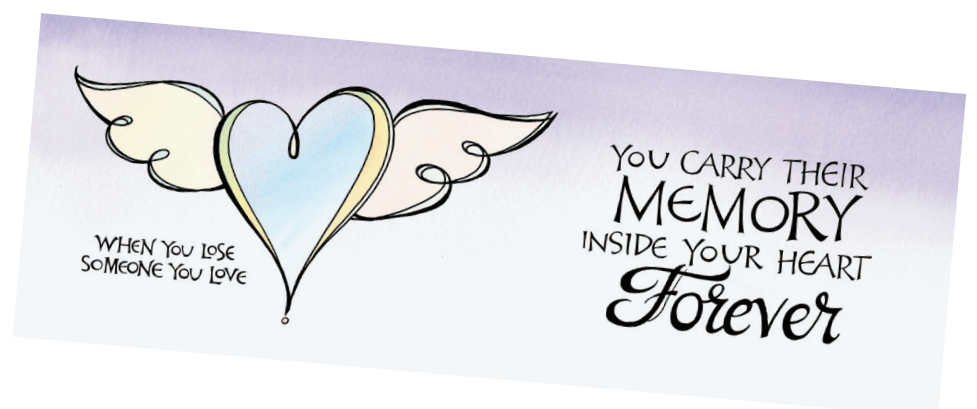
Color, Creativity, Grief & Gratitude

Saturday, June 24 at 1- 3:30 pm

FREE Healing Workshop (space is limited; reservations are essential)

Everyone's grief journey is different—and expressing yourself through art and journaling can be extremely healing. In this hands-on workshop, participants will learn Zenspirations® meditative patterning techniques, and then use them to create a unique personalized design in memory of their loved one. Joanne Fink, author of *When You Lose Someone You Love*, will lead the event and be available afterwards to answer questions and sign books.

Supplies will be provided, but if you like to craft or color, you are welcome to bring your own tools. No artistic ability or experience needed.



WHERE: Urban Funeral Home | 1111 S. Bethlehem Pike, Ambler, PA 19002



SPACE IS LIMITED FOR BOTH EVENTS. Please RSVP to emartins@foxchapelpublishing.com indicating the event you'd like to attend along with your name or call Dolores at 215-646-8556.

For more details visit, www.urbanfuneralhome.com/joanne-fink